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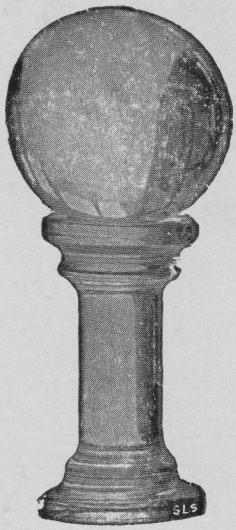

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SIX LESSONS

in

CRYSTAL GAZING

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LESSON I

History of Crystal Gazing

Crystal Gazing, or crystal scrying, as it is commonly called when applied to induction of visual hallucinations, by concentration or steadily gazing into such as a solid glass or quartz crystal, or a sphere shaped ball with a clear interior, is not a new invention or a fad for foretelling the future or development of the mental powers. The Science of crystal gazing, which is one form of scrying, dates back almost to the Scriptial account of the Creation of Man.

It is generally assumed that Crystal Gazing had its origin in Egypt. A large number of beautiful crystals were found in the ruins of the old temple of Hathor in upper Dendara, Egypt, and historians and scientists tell us that this temple was in existence over six thousand years before the Christian era. We can trace this and other methods of obtaining hallucinatory pictures back to the Middle Ages.

A short reference to the historical facts regarding crystal gazing and the world-wide use of the crystal will be made here to better acquaint the reader with this world-old science.

Various methods of scrying has been traced to the Fourth Century, A. D. During the Classical and Middle Ages, crystals were employed by the Greeks and the Romans as a form of divination. Definite data is available to show the actual use of mirrors to foresee their various prophecies. However, our chief source of knowledge of Continental crystal gazing in the Middle Ages is the Faust literature. The most authentic book is the Hollenzwang, four chapters dealing with crystal gazing and allied subjects.

In Egypt, we learn that the gazer or seer placed a spot of ink in the palm of the hand, but that it was necessary that the prophet or gazer go through a certain long formulae in which it was necessary to obtain a child in the period of adolesence to do the gazing. According to Mustadah, the Pharoahs had a similar instrument in which they were able to discover the state of distant provinces and were able to provide against famines.

Among various tribes of the West Indies, the liver of an animal was used as a point of concentration for scrying purposes. This, like the scrying of the Egyptians, was accompanied by a very long formulae, or service, in which it required a period of nearly two years before the party who did the scrying could obtain the visions. Crystal gazing had its equivalent among the original Indian tribes of North America, and is practiced today by the remmants of the Indians in the Far West.

Further examination of various historical works, which tend to deal with this subject, inform us that during the Ninth Century many pictures and illustrations were obtained by scrying, and even the voices and the tread of the characters, it is claimed, were sometimes heard. (This is a form of clair-audience.)

During the Twelfth Century, cups and basins filled with water obtained from streams that were regarded as holy, were in vogue. Mirrors and other bright objects, such as swords, which sometimes became part of the gazer's equipment, and the general populace claimed that they were possessed with machinations of the devil.

In a publication of the Fourteenth Century, during which period scrying had become quite popular, we read that nearly all scrying was accomplished by the aid of quartz crystals, and with beryls, highly polished. It gained quite a prominent place in both the homes of the rich and poor, In this period, we learn that the crystal was concentrated before use, and then placed among vessels containing incense.

By the Fifteenth Century, scrying with crystals had well established itself, and from that period to the present day, it has developed into its present form. During this time numerous interviews were held with seers who informed their subjects as to future and the things that might come to pass when God's wrath should fall upon them. At times the popularity of scrying diminished, only to flourish in some other country.

It is interesting to note the universal use of the crystal all through the past centuries and note its prominence today. Crystal gazing achieved great popularity in the British Isles during the Fourteenth Century, and has maintained that popularity to this day. Today in Japan, it is claimed that every home has its crystal, and it is consulted on all subjects considered important. Crystal gazing has been definitely traced to the Enahlayi and Apache tribes of New South Wales, quartz crystals being made, polished and used. In West Australia the "boylya" or Medicine Man invokes the crystal to descry the result of distant expeditions, with remarkable success recorded. Among the Fijians, the crystal is employed by the priests to recover stolen goods, believing the image of the thief will be reflected in the crystal. In New Zealand the more civilized Maori tribes use a drop of blood for a point of concentration. The value is not the blood, but in the mental apprehension induced by the concentration.

In South America, the Huilli treasure seekers look earnestly for the object of their search into a smooth slab of stone, usually black. Scryers are known as "shamans" in Siberia and East Russia, where vessels of liquid are employed. The practice of crystal gazing has been prominent in Mexico and Peru for many centuries. Quartz crystals, called "zatzum" (meaning clear stone) are used in Yucatan, and it is said that nearly every village possesses one of these precious stones.

Crystal gazing has reached a very high state of efficiency in India and Arabia. Authentic stories of wonderful divination feats are told by reliable travelers from these lands. The Mohammedans of India employ the "magic mirror," very much similar to the crystal, the only difference being the shape. This art is extensively practiced by the Yogis and Sunnecasses, being, in a way, part of their religion. The practice is widespread in China, employed there in the apprehension of criminals. History records the existence of a crystal among the Berbers, at the time of the Greek Empire. Literature prepared and written by the learned Dr. Dee, scryer to Queen Elizabeth is still in existence. The historic crystal used by Dr. Dee, the Astrologer to Queen Elizabeth, (and Dr. Dee's divinations, it must be borne in mind helped make history) is preserved in the British museum. Other records state that Aristole made a crystal, which was employed by Alexander the Great. Colossus of Rhodes, history records carried a crystal continually. Hercules placed a crystal on a tower by which he could see ships in the distant seas.

Scientific research has established the fact that the world over, men of different races have made the discovery that pictures or visions may be seen in a speculum of some clear depth, which has led to an almost universal use of the crystal, as we know it today. In Room Two of the North gallery, second floor, of the Chicago Art Institute is the famous $500,000.00 collection of Gazing Crystals, said to be the finest in the country. Arrayed amid surroundings weird, peaceful and impressive enough to satisfy the most ardent seeker of the past or future. The collection is noted for its perfect specimens. It was presented to the Chicago Art Institute by the former president of the First National Bank of Chicago, Samuel M. Nickerson, and his wife. The amount expended while traveling in gathering this splendid collection was about half a million dollars.

Crystals are in constant use in thousands of house-holds, used for the development of the mental powers, as an aiding factor to concentration and as a form of divination. Prominent men and women of all walks of life consult their crystal daily—seeking solutions to perplexing problems. Science has recognized the efficiency of the crystal as an aid to concentration—thousands are attaining success through their ability to concentrate. Concentration means success—success means concentration.

LESSON II

The Power of Concentration

The attention of the reader and student is called to the pre-eminent fact that crystal gazing is a direct aid to concentration, and that a period of concentration must exist before crystal gazing can be conducted with any degree of success. In so much as concentration is practically the first step in crystal gazing, this lesson will be devoted to concentration, its power and possibilities.

Concentration may be defined as directing the mind to one and only one thought, or causing the mind to become blank, and to retain no thought whatsoever, leaving it susceptive to any thought that it may receive. The last varies slightly from a strict definition, but conveys an additional meaning that will be used throughout this course of lessons.

You cannot concentrate your mind on more than one thought at a time, because concentration means all thoughts converging into one. A line of distinction may be drawn between "thinking" and "conceneration," concentration merely being an advanced step, or thinking more earnestly. A greater mental effort is necessary for concentration than thinking.

Did you ever have a name or thought "on the end of your tongue," and couldn't for the life of you name it? You realized you KNEW the name, but couldn't recall it from your memory. You were thinking of the name, and because it eluded you and your desire to recall it became more stronger (for your own satisfaction perhaps), you thought more intently, directing all your mental forces on this hidden thought—and presently it came to you. What mental process took place?—concentration. The fact remains that the sub-conscious mind retains all knowledge while life exists, and that concentration is the factor that will establish a connection from the sub-conscious to the conscious mind. Some times our efforts are not sufficient to recall such a hidden thought, but sooner or later it will come to us—with a little effort, whether conscious or unconsciously.

Let me again repeat that all knowledge gained by any individual from birth to the grave is retained by the subconscious mind, and may be drawn upon at will. If you have experienced the misfortune of having misplaced a valuable ring, or papers, or any object, all that is necessary is to establish a connection to your subconscious mind, asking it for this information. You may not perceive the answer immediately, but step by step you can refresh your memory by intently thinking (concentration). This is a fact established and recognized by science.

The purpose of this book is to teach you a simple method for refreshing your memory; for training it to think more efficiently, and to establish facts that have occurred in the past and occurrences that will transpire in the future. Stop! Concenrate now on my last few lines. Realize the wonderful possibilities that concentration opens for you—a vulnerable Aladdin's Lamp!

Do you wish to find a lost or missing article? Do you wish a more fruitful memory? Do you wish to know the future? Do you wish to instill greater selfconfidence? Do you wish all the magnificance that Nature has endowed upon you? Do you wish health, happiness and success? Then learn to concentrate, for concentration is the solution to the attainment of all desires.

People who find it difficult to concentrate or those who are easily diverted from a continuous train of thoughts of any problem by disturbing noises should practice reading and writing in public places. If the mind is easily distracted by the talking going on around them, they should determine that it shall henceforth NOT influence them. They should mentally affirm that they are masters of the situation and they will not hear except what they wish to hear. By repeated efforts, success will come.

Another good method of concentration is the systematic attempts made every evening to go over the experiences of the day mentally and try to recall as many as possible. Begin with the events of the morning and think nothing too insignificant to recall. Think of what you did before breakfast, what you ate, what you did during the day, what people you had dealings with, what you said to them, what they said to you. Re-live the day in your mind. It will greatly strengthen your memory, and you will often find it convenient to be able to recall certain events when desired. You will find these exercises most excellent for development, and remember this bears directly upon crystal gazing and the degree of success you will be able to attain through the use of a crystal.

Take a "mental journey." Establish in your mind some journey that you have taken in the past; bring before your mind's eye every thing you saw on the way. Try to see mentally the people with whim you came in contact with and recall what they said to you. Later I will take up the subject of projecting these thoughts into the crystal, through concentration and visualization.

Regardless of your ability to concentrate, it is easier to concentrate when alone, and in a quiet place. By employing one of the five normal senses, sight (the most important), the impression is more indelibly impressed on the mind. Therefore, the most efficient and best known method of developing the ability to concentrate is established through the use of a crystal. The crystal acts as a point of focus for the eyes, and attracts the mind's attention to itself. Amid silence, conditions are most satisfactory for productive results with a crystal, whether the object is to strengthen the mental powers, or to obtain visions of the past or future.

The student who earnestly desires to develop the mental powers and learn the secrets of crystal gazing, should obtain a crystal, and retire to a quiet, semi-dark room. Placing the crystal on a table, the student should calmly gaze at the crystal, and cause the mind to enter a passive state (without thought). This quiet solitude is a wonderful cure for nervousness and restlessness; it inspires greater self-control and a masterful control of the mental facilities and the physical body. This lesson has made no mention of visions that may be obtained from the use of the crystal, as the author had desired to present this little booklet in a series of lessons, presenting the development lesson by lesson just as the student should apply the lessons in actual practice.

The subject of concentration can hardly be treated fairly in this short lesson, however, reference to concentration and its development will be made continually all through the lessons. A volume, yes, two volumes would not be sufficient space to cover this wonderful mental operation on which our very existence depends. Those that lack this great power, or rather that fail to develop it, will generally suffer from poverty and unhappiness and their life's work will most often be a failure, while those that develop and use it will make the most of life's opportunities. It is of the utmost value to learn how to concentrate. The author takes this opportunity to recommend to my earnest readers a book written by one of our best authorities on concentration, Theron Q. DuMont. His book is entitled "The Power of Concentration" and will prove its worth in gold to those that read and practice his teachings. You can avail yourself of no finer or beneficial knowledge than concentration, and it is with regret that the author can only touch upon this vastly important subject in this short work.

LESSON III

Visualization

Progressing in the natural sequence of events, our next step in the study of crystal gazing is Visualization, or the ability to see visions, whether real or imaginary. In our previous lesson, concentration was the topic. This lesson deals with the concentrated thought, employing our sense of imagination, creating a vision which we can see in our own mind's eye. It is called VISION.

Vision has been in existence since the creation of man. Back in the Stone Age when the development of the mind was in its inception, and when human being bound rocks to the end of sticks with rushes—even before the making of this crude weapon before its existence became a reality. Everything in this world, outside the basic elements of the world, was first a vision, then a reality.

The architect visualizes his plans, sees in his mind's eye the complete structure. The inventor, the engineer, the chemist, the business man, the housewife and the child all visualize the goal they are seeking. Perhaps a better term would be "imagination." The housewife plans the evening meal, and immediately a vision arises in her mind JUST WHAT THE TABLE will look like, what it will contain and even the sense of smell enters her mind. Had she been unable to picture this thought, the thought could not have been created. This illustration establishes the fact that thoughts are visions in our mind's eye. And visions are a result of thoughts, acting instantaneously.

Ask your imagination something and your imagination will answer Nothing can be imagined without a reply. There is no positive without a negative; speculate on what tomorrow or a year will bring forth, what the result of a conquest or business venture will be, and automatically the mind answers.

You may develop the power of visualization, or imagination if you prefer to call it that, by the aid of a gazing crystal. Retire to a quiet room, and practice a few of these simple imagination-exercises, as follows: Ask yourself a question, such as "What did Jack, the Giant-Killer, look like?" "Was Cindrella tall, or small and slender?" "In what kind of a house did Mother Goose live?" To answer such questions with mental pictures, the mind must resort to memory of having seen pictures resembling the same, and recall it to you in that manner from memory, or call upon the imagination to construct a picture. Such questions as these should bring to your mind's eye an immediate answer in the form of a mental picture of the person or structure in question, and if they do not do so, you may rest assured that your power of visualization is not good and will have to be developed before you can obtain clear crystal visions. If your imagination cannot promptly conjure up mental pictures to answer your questions, concentrate the mind upon the answer, and the answer will come. These exercises will create the power of visualization. They may be conducted without the aid of a crystal, but a crystal or some point of focus for the eyes is suggested. The crystal is recommended because of its perfect shape and absolute clearness, there being no disturbing shadows or reflections present. Let it be understood here that nothing is ever actually seen IN the crystal or gazing ball. It acts merely as a resting place for the vision, a point of focus where the mind thought force and eyes meet. Thus vision is produced in the mind's eye. The crystal has no magic power—no true mystery. Results are obtained many times by using a glass of clear water, and such exercises are recommended to those who are interested, but first wish to test their powers before purchasing a crystal.

This is hardly a fair trial, as the best aid (crystal) should be used, as the student will naturally be least proficient in his knowledge and effort

to obtain visions. Vessels of water, etc., are usually used by advanced students, the conclusion being that visions can be more easily obtained with crystals than other objects. Professional crystals can be obtained at a low cost and everyone should test his or her powers. Who knows what the small sum may bring back in a few days after getting your crystal? Whether or not you will be able to secure hallucinatory visions, the influence exerted thru the crystal will many, many times pay you for the small investment. (See Publisher's catalogue for prices).

Visions produced by looking or gazing into a crystal ball are usually divided by Science into five general classes, such as follows:

1. Visions produced by imagination. These visions are common and general as dreams, with which they are compared. They might be better termed "meaningless day dreams." However, this form of day dreaming is very beneficial providing the student harbors constructive and ambitious thoughts only. Destructive thoughts should be vanished without consideration. Remember, positive thoughts attract success, and nothing succeeds like success. Think, dream, and visualize success for success.

2. Visions produced by forgotten events recalled from the memory. This is the establishment of a connection between the sub-conscious and conscious mind, created thru concentration of the mind upon the crystal. This form of vision is a great memory builder, and strengthens your mental facilities. Visions of this type, whether directly sought or not, should be welcomed by the scryer with full knowledge and appreciation of the fact that he is building mind power.

3. Visions produced by past occurrences, of which the gazer has no apparent knowledge. These occurrences are often times of little consequence, and have not been deeply impressed upon the mind when registered. A connection between the two minds is stablished to a certain extent, but not permitting the student to recall the event. This is known as a loss of memory and why these visions occur is not known.

4. Visions produced by present events of which the gazer has knowledge of. Hundreds of authentic instances have been recorded. These visions are explained by many as thought transmissions or mental telepathy, others describe them as spirit messages. Examples of these visions are very common, as possessed by many. "Hunches" are merely this type of vision, induced thru other agencies than the crystal. Visions of this type usually contain a message of some importance, and should be remembered by the scryer, if the full meaning cannot be determined at the time of the scrying. Messages of this kind are often warnings, and by giving them the proper consideration, much difficulty and trouble may be avoided.

5. Visions seen in the crystal foretelling future events, and general predictions of the future. Visions of this type are numerous, contrary to the thoughts of the average layman. These visions and scenes however are often so numerous and diversified, often so mysterious and unaccountable that the average gazer might not recognize one of this type until the event transpired, when of course he instantly recalls the vision. Science has devoted much attention to this type of divination, and an abundance of authentic cases have been recorded, verifying the actual existence of such visions. We have only to refer to the history of crystal gazing to establish the fact that divination of the future is possible, for this science is as old as man, and no false science could exist over that period of years,

There are no set rules for the meaning or interpretation of the various visions. Usually an understanding of the picture accompanies the vision, and it is important that the student classify the visions in of the above classes to define it. On various occasions, messages have appeared in writing in the crystal, conveying the information.

Just how to obtain the various kinds of visions will be our topic in the next lessons, "How to Crystal Gaze."

LESSON IV

How to Crystal Gaze

This lesson shall be devoted exclusively to the best known methods for producing hallucinatory pictures in the crystal. The procedure will be recorded step by step, and it is hoped that the student will follow the process closely and note all the details which tend toward success.

A crystal is the most desired object for scrying because of its perfect shape and absolute clearness, there being no disturbing shadows present. A crystal of not less than two inches in diameter should be used. Larger crystals are suggested, and are usually productive of better results, having a larger area they tend to present a larger picture within their depths. The most ideal size is a four or five inch imported crystal, mounted on a glass or bronze pedestal. The cost of the crystal depends entirely on the size and quality, and prices are proportioned to the size of the crystal, Genuine imported gazing crystals may be purchased as low as $3.75 for the two-inch size, and up to $20.00 for the five-inch size. The reader should also take special note of the Student Special Combination offer at $5.00, made by the Publisher's and advertised elsewhere in this book.

The world's finest crystals are manufactured in Czecho-Slovakia, from whence they are shipped all over the world. The English crystals are also regarded as very fine. There are a few crystals made in this country, but as a rule they are far inferior to the imported crystals. The domestic crystals usually possess a greater number of "air bubbles", and have a flat base. The base and bubbles are objectionable, as it is easily understood they might mar an otherwise perfect vision. These few reminders should be kept in mind when purchasing crystals.

It is immaterial whether the crystal be placed on a pedestal or stand, or whether held in the hands. A pedestal of pure glass or bronze is recommended, as it offers a perfect base and the weight of the crystal does not tire the scryer. However, if the crystal is to be held, a black cloth or dark colored velvet should be placed between the hands and the crystal. This prevents actual contact with the hands, and prevents sweating of the glass, such as may be noticed when the warm hands are brought into contact with any cold glass surface.

Warm the crystal by holding it near the fire, or tightly in the hands. Retire to a quiet room, free from all disturbances, and first practice alone. Draw the window curtains so as to exclude nearly all light and leave the room in comparative darkness. It should be understood that sufficient light should be present to allow the scryer to plainly see the crystal. The crystal should always rest against a black background. Let what light there is from the window or lamp fall over your shoulder on the crystal. which may be held in the hand or placed on a small table, and should be about the same distance from your eyes as a book would be when reading.

Gas light will be found quite equal to daylight, and moonlight better. Some succeed best by daylight, others prefer artificial light. A person of strong emotions or of neurotic temperament, will often succeed better in weak, or even moonlight; whereas those of calm, dispassionate nature, frequently find daylight, about sunset, to be the best.

Learn to relax and sit passively. Select a comfortable chair, your back to the source of light to exclude any reflections from the crystal. It is suggested that the prospective scryer close the eyes for a period of five minutes, seeking a quiet passive state of mind. Having arrived at a quiet and peaceful state of mind, concentrate your attention on the center of the crystal. Look into, not at, and do not stare to inconvenience yourself. Focus the gaze on the crystal and think of what ever you desire, but always with the expectations of seeing pictures. During this process, do not blink the eyes more than you can help; at the same time do not strain them by trying to keep them open any length of time without blinking. Do not let the eyes wander from the ball, nor your attention relax from the subject in mind. Look intently in the depths of the crystal, concentrating on the subject that you wish to visualize.

During the first attempt, concentration upon the crystal for about five minutes is sufficient. It is probable that you will have little or no success on your first few attempts, however, many claim perfect visions during their first trial. No one has ever been capable of getting into an automobile, and driving with perfection without having practiced and thru the process of actual experience. The ability to drive the machine is accomplished by repeated efforts, and continued practice, Thus, it is with crystal gazing. You should not be discouraged, nor think your time wasted if you do not obtain visions during your first few sittings, or never develop the ability. Realize the value of the means used is entirely dependant upon the value of the results sought.

Repeated attempts should be made if success is evasive. One party told me that she had tried gazing for over two years, and had undoubtedly gazed into the ball several hundred times without success. To most of us such an experience would be tiresome, and we would abandon attempts in a short time, and even believe that others were telling untruths when they claimed to see pictures in the crystal. But this party finally achieved success, and this is her explanation of her method. She concentrated her gaze upon the crystal, and then in imagination tried to look beyond the crystal. She said in her first attempts, she seemed to gaze only a few feet beyond, but later her gaze appeared to gain distance of several hundred yards, and the pictures or figures would appear at that distance and approach the crystal. This splendid method is well for the beginner to follow.

Many authentic reports have been received from various parties, constituting these problems: That it is quite possible for the gazer to be able to see things in the crystal at one time and not at another. In fact, many of the best crystal gazers have lost the power for weeks and months together. This being so, you should endeavor to obtain visions at various times and under varying conditions, and not be discouraged if such images fail to appear at your command.

The sitting should be made daily, and if possible, at practically the same time each day. Five minute periods at first are recommended, as the muscles of the eyelids will strengthen with practice until an unwinking gaze can be easily maintained for twenty minutes or a half hour. Do not force the eyes to stare. If you possess or have sufficiently developed the ability to obtain crystal visions, you will probably notice that, just before the vision appears, the ball will cloud over as tho milkish grey mist were filling it, or were interposed between your eyes and the crystal. This is called "clouding" and is the first symptom of oncoming visions. Let the pictures come without self consciousness. At first they may be disjointed and confusion result, but with patience and certainty as your guide, they will be marshalled into line. Then the clear stream of Truth will flow toward you.

Many people get no further than the phenomena known as "clouding", while others claim the crystal seems to change color, starting with a dark red and proceeding thru the colors of the rainbow, the circles and rings always starting at the center of the crystal, and progressing outward, as in a disturbance of a small pond when a pebble is thrown into it. After this process, the pictures may be expected.

When the ability to see "clouding" in the crystal has been attained, it is merely an advanced step to the vision, which ability may be developed by a few simple experiments. The first exercise for development is as follows: The breathing should be slow and deep while looking into the crystal, and it is well to rest for five minutes with closed eyes both before and after gazing. In this way the fatigue that some clairvoyants complain of may be avoided. Remain passive and do not endeavor to see anything in particular the first time of trying; then write on a slip of paper what you wish to see, turn the paper over, and think no more about your question, but continue passive and wait as before for what may chance to come. Take notes of al you see, as like a dream the crystal vision is soon forgotten.

Second exercise. Look carefully at some object in the room intently, making first sure that same is not reflected in the crystal. Then close the eyes and try to visualize it. Naturally you will be able to do so, as the impression has become imbedded so deeply upon the retina of the eye that it remains there for some time. Then try if you can see it in the crystal. Repeat this experiment any number of times, and if you have any gift of visualization at all, this should be easily acquired after eight or ten short attempts.

After the above exercise, first visualize some simple scene or object, such as a hammer. The picture immediately flashes into your mind, then transfer that mental picture into the crystal. Try to visualize a face or a scene which you know well in the crystal. Try also to visualize your dreams in the crystal. Visualizeation is a great assistant to the memory, and if only for this reason crystal gazing is worth trying. Many details that you could not otherwise remember come clearly in the crystal. Mentally request your spirit friends to try and make their presence known to you by vision in the crystal.

Get a friend to visualize a playing card in the crystal while you also try to visualize a card without knowing which card your friend is thinking of. The experiment in thought-transference is equally successful between those far apart, if two crystals be used, and the time of the experiment arranged before hand. Go gradually from the known to the unknown. This last described phenomena is similar with the demonstrations as presented by crystal gazers and seers who demonstrate their work from the stages of our theatres, apparently taking the thought vibration from the spectator's mind and receiving it into the crystal, then by a process of divination, reveal the answer.

Do not any time force yourself to concentrate the attention or to see anything in the crystal by force of will power. Simply keep gazing into the center of the globe until reflections pass and melt away, and then comes the feeling of illimitable space around you, a sense of looking into a great void. With use, the pictures become stronger and more brilliant, and long practice should make results more certain and their induction easier.

The sitting should be held about the same time daily, and the length of the sitting can be increased daily, providing the effort does not fatigue the scryer. You must be expectant—ever waiting the results of your efforts. Many times no picture will appear, but as you gaze, suddenly there is born in your mind the sudden preception of what you sought. All that is necessary is to formulate clearly in your mind what you wish to know. Ask for Divine guidance. Affirm that only the truth can reach you. Then dismiss it from your mind and concentrate on your crystal knowing that you will receive your answer. It may not come for several days—it will come in time. It is not necessary that the problem be solved thru a series of pictures seen in the crystal ball, as just explained. If you are puzzled by a seemingly unsolvable problem the solution will be given you when you forget yourself and gaze into the crystal ball.

The value of the crystal is amply repaid if only in the manner in which it rests the body and strengthens the mind and memory; and it is a fact that many people possess a clairvoyant power in a greater or less degree, which only need the agency of such a concentrating influence as the crystal to blossom out and become perfected in them. To those already clairvoyant it is possible to achieve wonderful results and only an intelligent use of the crystal and its power can teach its real value and influence. Faith is absolutely necessary to success; without belief no results can be expected. But Faith. Passiveness. Patience and continued study should repay the crystal gazer just in proportion to the latent power within them.

LESSON V

Silent Influence Thru the Crystal

A volume or two could be devoted to this wonderful development that occurs to the student of the crystal, and yet barely touch upon this subject in its vast importance.

Silent influence thru the crystal! What does it mean? It means just this: The crystal acts as an agency toward the development of your mental and psychic powers, instills greater confidence, builds poise, character and refinement, overcomes nervousness, stimulates memory and brings about a new and peaceful era of understanding and belief. The crystal ball will better enable you to collect your scattered energies into a definite focus where you can handle them efficiently and accomplish much. Create within yourself the power of Mental Influence—the ability to influence others to do your biding, which is only another attainable accomplishment made possible thru the crystal.

Let it be again understood that the crystal possesses no magical or super-normal powers. It exerts nothing over the gazer, except a fascination of indescribable nature, such as anyone realizes over a valuable and inspiring article. The crystal commands attention, mostly because of its beauty and ever changing colors and hues. Crystals are used extensively for windows displays by optical stores, and others. Their power of attraction is high, for thousands of people stop to note their beauty. They catch and compel attention, directing it at the window in which they repose, thus accomplishing their duty as an advertising agent. Children seem fascinated with their beauty. The crystal has found other duties in the home, and is used in many homes for ornamental purposes. A crystal on a glass pedestal stand now replaces vases of flowers, and reflects its delightful tints and beautiful hues to darkened corners of the home. In short, the crystal serves many purposes, yet it possesses nothing but attractiveness and beauty.

You will learn to appreciate the true value and usefulness of your crystal only thru constant use and faith in it. To get the most benefit from anything is to use it continually, and such is the case with the gazing crystal. Establish a regular period daily for concentration with the crystal. In this way, build mental energy and power—the greatest creative forces in the universe.

For mental and psychic development, you must concentrate on that one desire, and work toward its achievement. By following the instructions in our previous lesson, "How to Crystal Gaze," and working the various examples, you will build your power of imagination, and create a greater ability to concentrate. This is true mental and psychic development of the highest and most beneficial order. Whether or not you possess or develop the ability to see visions, your efforts have not been in vain, but conservatively invested. This training will teach you to be mentally alert and keen minded. It will enable you to make quicker and better decisions.

It is a sad fact to note that the American people of today know less about their mental facilities than about their physical body, of which that knowledge is very limited. We go to the gym for exercise; we are regarded as the greatest sport loving nation in the world, but do we map out a systematic course for mental improvement? It is true we have the finest schools in the world to teach our children fundamental knowledge; to cram their minds with a working knowledge that will provide for their future existence, but do these schools teach the fundamentals of determination, poise, self-confidence, the true secret of success, concentration, memory development and the establishment of will-power? With regret we cannot answer with a hearty affirmative. How many times have you heard this remark, "That child don't know HOW to study," meaning "that child don't know how to CONCENTRATE". And thousands of children have grown to man and womanhood lacking this great ability to concentrate. We TELL them to study, but do we teach them HOW?

Continued practice with the crystal will enable the gazer to hold his attention on one thought,and directing the eyes on the ball prevents the gaze from wandering about the room, touching on various objects that would create other thoughts. Practice projecting thoughts into the crystal. and determine to hold them to the exclusion of all other thoughts for a definite period of five minutes. Then you are able to accomplish this exercise with ease, you may congratulate yourself, for you are on the road to success and the attainment of your desires.

Follow closely the lesson, "How to Crystal Gaze," and the examples given there will create a greater power of imagination, and in often cases the true development of psychic powers. The power of imagination is really the power of our thoughts. We are what we think. If we think of trouble, we will have trouble. If we think of love, we will have love. If we think of wealth, we will have wealth. If we think of good or evil, so we will become. Everything depends on our thoughts, and how powerful they are! Nothing can come out of our mind unless it was first drawn into it. Therefore, it is desirable that we govern our imaginations accordingly. Imagination is a creative power, a most potent force for good or evil, and if the controlling force was certainly known, which no doubt will some day, it will be the most vital fact in the universe and human life.

Thru our imaginations or thoughts, we have the power of making our life exactly what we will. Nothing is more powerful or irrestistable than the imagination. The great trouble is that those who know the power of imagination do not have a large amount of faith; therefore, their expectations are neutralized by fear and doubt. A person with a large amount of faith can realize the highest degree of their desires and aspirations with a certainty as absolute as that effect follows cause. These are the forces that are within us and waiting to be recognized and made use of, and the moment we recognize them, we become their master. A few know that there is a science in thought, but they do not have the Faith to push their knowledge to obtain results. Faith is a magnet that attracts whatever its desire persistently expects. Thus in our struggle for existence, it is imperative that we harbor only constructive thoughts; allow our imagination to wander along lines of goodness, and creative endeavor. Think positive thoughts. Project into your crystal positive thoughts for the betterment of your condition. Confide in your crystal that you DO have the power and ability to lift to a higher station in life, concentrate and carry that thought always foremost in mind, and seeking that goal, you will be rewarded. Again, let me repeat, we are what we think we are. Think success, prosperity and happiness, and you shall receive. Retire in solitude with your crystal, project, visualize yourself within the crystal as the possessor of health, happiness and wealth, or what ever you are seeking.

Keep foremost in mind this simple and inspiring creed: "If I think, talk and express Health, Happiness and Success, I shall attract them to myself. If I develop my mind properly there is nothing I cannot attain. If I give life abundantly, I shall receive life abundantly. If I cheer, I shall be cheered. If I uplift, I shall be uplifted. If I radiate thoughts of courage, strength, hope and gladness and freedom, I shall likewise receive. If I trust, believe and love, I shall be trusted, believed and loved. If I give forth light for others, I shall illumine my own path. As I sow, so shall I reap." Before gazing, look into the crystal, imagine yourself the possessor of all that the creed implies, and silently repeat it. You will find it a great source of inspiration and self-confidence.

This creed recalls to the writer's mind the recent popular saying, originated by the French Psychologist, Coué, "Every day, in every way, I am getting better and better." The great benefit of such teachings cannot be exaggerated, if they are accompanied by faith and will-power.

The above is only one phase of benefit and influence exerted thru concentration with the crystal. The crystal is a great factor in the development of the memory. The author in writing this book has many times endeavored to recall a certain descriptive word to better explain some particular phase of the work, but the desired word could not be summoned to my mind, due to temporary forgetfulness. I possessed the word

in my sub-conscious mind and had it on "the tip of my tongue," and desiring to use it, I simply left my typewriter and retired to a quiet room, and seated myself before my crystal. Gazing into it, I created a passive state of mind, concentrated, and forced myself to recall the desired word. I projected my thought forces at the crystal, and directed my gaze into its depths. I do not mean to insinuate that the word appeared IN the crystal, or that I visualized the word, but an understanding of what I was seeking came over me, and the word was revealed to me. The word "jumped" into my mind, and I recognized it as the one I felt would best describe the situation I was endeavoring to explain.

In writing this particular lesson, I stopped twice and retired to the solitude of my crystal to plan and shape this chapter into a reality. I know what I wanted to write, but didn't know how to express the various benefits in their proper sequence. And as I focused my attention and thoughts on the crystal, bearing my problem in mind, a sensation of understanding arose within me, and I returned to my typewriter fully possessed with the information arranged in its proper order. You, too, can establish a connection with your sub-conscious mind and recall from it incidents of the past, names, words and thoughts that now escape your attentions. If you have misplaced some article, just return in solitude to your crystal, direct your attention and thoughts on the crystal. Recall to your attention just where you last saw the article, your actions from that point on. Live over in the crystal vision your actions, where and what you did with this article, others associated with it. Concentrate—establish forgotten actions concerning the mis-placing of this article and suddenly there is born in your mind the preception of what is sought. It is not necessary that the way be made plain thru a series of pictures in the ball. An understanding and realization that the solution to your problem has been attained will flood your mind.

This last described phenomena is only possible when the mind has knowledge of the incident or whereabouts of the lost article. However, many cases are on record where visions have appeared revealing lost and stolen articles, this being true phychic divination, or caused by telepathy transmitted by another who possessed this knowledge.

If you are puzzled by a seemingly unsolvable problem, the solution will be given you when you forget yourself and gaze into the crystal. All that is necessary is to formulate clearly in your mind what you wish to know. Ask for Divine guidance. Affirm that only the Truth can reach you. Then dismiss it from your mind and concentrate on your crystal knowing that you wil receive your answer. It may not come for several days—but it will come in time.

The doctor will suddenly perceive the correct diagnosis of a diffcult case. The salesman will find a new way to present his goods to the buyer. The lawyer will receive a solution to a puzzling case. The author will find the crystal a source of inspiration. The right direction will be pointed out at every crossroad of life if sought with faith in the crystal. You will find the crystal a source of inspiration, a companion to confide within your hour of trouble, and a messenger of hope and happiness.

Repeated sittings with the crystal will overcome nervousness. It teaches you mental and physical control. Nervousness is largely a habit, created by a lack of will power and determination. Did you ever notice some people can't seem to "sit still" any length of time. Continually fussing, moving and getting up and walking around, only for a few minutes to return to their chair? A common form of nervousness, denoting lack of self-control. Practice sitting before the crystal, and causing the mind and body to enter a quiet and passive state. By sheer determination and will-power MAKE yourself remain before the crystal for fifteen minutes. Repeat daily, and within a short length of time you will be surprised at the wonderful control you have realized over yourself.

When you have developed yourself to a point where determination and will power carry on your intentions, then you are on the road to success. In the selling game, a sale is made by the salesman's determination. If the purchaser merely buys the article, the salesman merely acted as a clerk. If a salesman were to take the first "no" as an answer, there would be no successful salesman—only an army of clerks. It is the determination to sell that makes the sale. It does not matter who you are, everyone is selling something! If you are seeking a position, you must "sell" yourself to your prospective employer. If you want happiness, success, health and wealth, you must first sell yourself on your ability to attain them. This is your first step in creating self-confidence, then follow with determination and will-power and success is absolute. Mind makes circumstances; anyone can drift.

Did you ever take invoice of yourself and determine just who you are, what line of work you are best suited to, why you are not successful (if you are not) in business, love, health and other natural desires that you have not attained? Then analyze yourself! Ascertain your natural facilities and develop those that you lack. Take a crystal and visualize yourself in the crystal. Be honest with yourself, and check each good and each bad feature that you possess. Best jot them down on a sheet of paper to obtain a perfect record for reference later. You'll be surprised at your many good points, and of course, your many faults. After you have completely analyzed yourself, regard the faults, and decide right then toward a remedy for their correction. If you lack the power of concentration, secure a crystal and develop it. If you lack determination, ambition, self-confidence and other essential features of your mental makeup, secure a crystal and visualize yourself as the possessor of these requirements of success. Visualize yourself full of determination—and say "I WILL possess it." Always the positive statement, "I CAN," "I WILL." And in actual practice, carry out this determination. Place it in operation, and watch it sweep before you obstacles that before seem impossible. You will have at your command one of man's greatest forces—a force that will allow you to realize your desires and aspirations to their highest degree.

Such exercises as above will reveal your true self and create within you an understanding of why you have reached your present station in life; why you have not progressed further. It will automatically create new ideas and ideals for the developement of your capabilities that have long been dormant, and place them into use. It will create hope and ambition and th power to do.

Always think of yourself greater, better and more desired than you really are. These positive thoughts will cause you to become greater, better and more desired. There is no limit to your attainment. Project into the crystal visions of happiness, wealth and contentment. Seek these pictures in the crystal, in your mind and everywhere and you will find a new peace of mind, created by these wonderful thoughts.

Regard your crystal as a bank, into which you daily invest good thoughts. Then wait and visualize the thoughts in the crystal, for they wil return to you with interest, and making an indelible impression on your mind for the betterment of your condition. Project good will, and kind thoughts for yourself and others. As you think, so shall you be! You will find the crystal a material aid in directing these thoughts.

It is not necessary that you confide your thoughts and desires to yourself. Reach out and help others. Project positive and constructive thoughts into the crystal, visualizing the benefit they will have on others. Regard it such as a prayer for another. Think of your son or daughter as happy and successful. Project thoughts to them. All human minds are but individual fragments of one GREAT MIND that exists everywhere. Broadcast constructively into this great mind that others may receive your message.

Lesson VI

HOW TO ATTAIN YOUR DESIRES

BUILDING castles in the air" is the most constructive and creative thought that man can possess. To plan your tomorrows, however imaginary, is really building the foundation of your success and whipping it into a reality. The building of these "castles" is created by the DESIRE for better living conditions and for the station in life that we are all entitled to gain.

There are all kinds of thoughts, or desires, constructive and destructive. One leads the way to building up of one's character and surroundings, while the other, destructive, sweeps before it in a fiery anger what might have been happiness, success and the joy of living. One of the greatest forms of destructive thought is jealousy, coupled with its equally evil crony, hatred. For the attainment of success in life, these destructive thoughts must be banished from our character.

Only the constructive desire, its tremendous possibilities and universal application, will be considered in this work. Your own conditions can be greatly improved by constructive thought. Remember, POSITIVE THOUGHTS ATTRACTS SUCCESS. Man creates his own circumstances and environment. Positive thoughts are greater than conditions, and your life is what you make it. The mind always becomes what it is fed upon, so again I emphasize the importance of the kind of mental diet we select for our minds. Natural, constructive and positive thoughts harvest happiness, success and prosperity.

Every mother possesses the inborn desire for her children to do the right things, to grow to manhood and "be somebody." Instinctively in their own minds they form mental pictures of their sons as great business and professional men; their daughters as women of high station, happily and successfully married. And why not? No woman has ever experienced Motherhood without the ever presence of these creative desires. And these desires are continually forcing themselves on the subject, taking the desired effect, whether right or wrong. This thought control is more effective on children than adults, as the child's mind is less mature and more susceptible to this thought reception.

Do you know that many of these desires of wonderful attainment are NOT really constructive thoughts properly directed in the behalf of the children? Don't be further misled! This statement may come as a bombshell to many mothers, who are self-conscious of exerting this influence, Surely, you want them to be great men and women. But you should realize and remember that by NATURE, and not your desires, they are fitted to certain vocational callings. Ascertain these natural tendencies, then exert this wonderful influence in these channels, and unbounded success will surely attend the child through life's journey. The Mothers of America have done more to fill the park benches and city prisons with derelicts and discouraged failures than any other cause. In their emotion of love, they have endeavored to force their own visions of greatness upon their sons and mold them into the men they WANT them to be, rather than what Nature fitted them to become. Ignorance, not the desire of true love, is responsible for this condition. My paramount desire in offering this little book to the public is to bring about a better understanding on the subject of constructive desire in connection with our little ones, that their future may be planned in accordance WITH Nature and not AGAINST Nature's plans. The natural vocation can be determined by Astrology, and it is the imperative duty of every Mother to have an Astrological Forecast erected for every child before they attain the age of six years. You have taken upon yourself the Supreme Responsibility of ushering into this Vale of Tears a Living Being. If not to yourself, you owe it to your children to secure their Forecast. Mothers, whether or not you believe in the Science of Astrology matters little, don't let this message fall upon deaf ears. If your child is ill, you do not hesitate to call a doctor to diagnose the trouble and supply the child's need; then is it not intelligent to secure a Forecast that will scientifically diagnose the

whole future of your child? Read carefully special order blank on last page of this book.

But to return to our original discourse. Thought Control is a mighty array of natural forces that are within your reach. YOU POSSESS THE POWER TO REACH OUT AND MENTALLY INFLUENCE YOUR NEIGHBOR. Don't doubt it; this FACT is easily demonstrated. Many times you have been engaged in conversation or otherwise occupied, when suddenly you FELT that some one was looking at you—compelling your attention—that their eyes were boring into your very soul! There is an intense, compelling sensation to turn about and face those eyes that seen to delve into your mental make-up. And you do turn—the victim of thought control, of thought influence exerted by another!

You possess this same power to make your neighbor turn and meet your gaze, to feel the power of your eyes and the influence exerted through them. A few skeptics may doubt this statement, but TRY IT. Sit anywhere among a gathering of people and single out one person who is facing in the opposite direction. Look intently at him and repeat in your mind "TURN AROUND—I command you to turn and meet my gaze. My eyes are penetrating your very soul. TURN." Invariably, that person will turn at your command. Perhaps you may not be successful at first, but try it a few times, forcing them mentally to obey the command. Make yourself feel this mental influence (for it is influence, indeed) leave your body and direct it on the person whom you wish to control. It is extremely easy. If you have already experienced this influence, or have exerted it, you will readily understand the following FACTS that I will reveal to you in the next paragraph.

If by thinking and staring at some stranger, you can compel them to turn at your command, WHY IS IT NOT POSSIBLE TO CAUSE THEM TO OBEY OTHER COMMANDS FAVORABLE TO YOU? Concentration of strong desires will compel others to do your bidding (providing these powers be used only for constructive purposes.)

This concentrated thought force is constantly at work for those who will but use it. Are you seeking a position and find one that you REALLY want to secure? Then, for a couple of hours before applying for the position, clear the mind of all other thoughts and concentrate in the following manner, repeating mentally as tho you were actually applying for the position: "Mr. So-andSo, you are going to give me that position. I am the person you are seeking, I KNOW I will get it. YOU GIVE it to ME." The above exercise should be repeated a number of times, the operator forcing these thought vibrations from his body and directing them at his prospective employer. Enter the office mentally repeating such positive thoughts. Feel confident that you will get the job—stick out your jaw—and you'll get it—, yes, every time. Remember, positive thoughts attract success, and nothing succeeds like success.

The application of this mental inflence is the same as used in salesmanship. Before calling upon your customer, first SELL him mentally. You determine that you WILL sell him—that is half the battle. Always carry this positive thought influence with you. Never say "You don't want so-and-so." That is always a mistake, a negative thought and is repulsive to your purpose. Say "YOU DO want so-and-so." That is a positive thought attracting success and is one of the secrets of successful salesmanship.

You can overcome illness, turn weaknes into supremacy, failure into success, discord into happiness and change your entire environment by the application of positive thought influence exerted on yourself and others. The author cannot enter into elaborate details on this subject and others in this short volume, but does take a pleasure in recommending the proper and constructive instruction books to his readers who desire to obtain the better things of life.

If you are an underpaid bookkeeper, a wife striving desperately to hold the affections of a husband that you instinctively feel are already slipping, a lover on the threshold of the great adventure of matrimony, a business man who feels the lash of competition, one possessed of bad

health—a victim of circumstances—A FAILURE THEN you need MENTAL DEVELOPMENT, MENTAL CONTROL OF YOURSELF AND OTHERS. The creed of the Psychological Society that bears my name expresses the HOW TO BETTER YOUR CONDITION in its first sentence, "That if we think, talk and express Health, Happiness and Success, we shall attract them to ourselves." This creed carries a wonderful message to those who Success and Happiness has failed to smile upon and it is well that all study and adopt this creed. The secret that I am about to reveal to you has aided thousands in finding and bettering their condition. Read it carefully, that you may grasp its tremendous importance.

CONCENTRATION IS THE SOLUTION. To concentrate is to direct one's total thoughts in ONE channel. The real ability to concentrate is possessed by few. If you think you possess this power of concentration, train your mind on one thought to the exclusion of all others, and think of it for FIVE minutes. Do not allow the mind to wander to other allied subjects, but keep it on the one original thought. Indeed, you will find it difficult! It IS difficult to retain the mental vision in your mind without some material aid.

Mental Vision is the true secret of all man's achievement. Some people are blessed with natural mental vision, in others is must be developed A crystal has been found to be the most efficient and satisfactory aid for the development of concentration. A crystal is not necessary—a glass of clear water, a blot of ink, or any clear object on which the eyes may be focused. A crystal is most desirable because of its perfect shape and absolute clearness, there being no disturbing shadows or reflections present Let it be understood here that nothing is ever seen IN the crystal or gazing ball. It acts merely as a resting place for the vision, a point of focus where the mind, thought force and eyes meet. Thus vision is produced in the mind's eye.

It is not necessary to become a crystal gazer, or even crystal gaze, to attain a high power of concentration. A line of distinction should be made Do you want to better your position in the business world? Take a crystal, place it before you and empty your mind of all other consideration. Look into the crystal and IMAGINE the thing you desire. Concentrate on its attainment and it will be yours! Do you want to bring a wayward son home from his weary wanderings, or wean a frivolous-minded daughter from the empty pleasures that are luring her to her downfall? Do you want to win back your husband's affections, or return your children's mother to them? Do you want your sweetheart's love, a better position, or better health? Take a crystal. Visualize in the crystal the thing you want or the person you desire to carry out your wishes and then CONCENTRATE. Repeat time and time again. Repetition of concentrated forces batters and batters down the barriers of repulsion and writes its message on the mind of those you desire to influence.

The forcing of these strong positive thought vibrations into the ether causes them to enter the GREAT MIND. All human minds are but a fragrant of the GREAT MIND that exists everywhere. It is universal. These thought vibrations are similar in nature to radio vibrations and are received by others. There are times, however, when they are not received, due to the mind of the other subject being strongly occupied and not susceptible at this particular time. That is why repetition is suggested and desirable for best results.

If you are seeking the address of a lost relative, unheard of for many years, take a crystal and concentrate. Picture him in your mind's eye as he last appeared and demand of yourself that you visualize him in his present location. Tune in on the GREAT MIND and endeavor in this way to receive the vibrations from them, transmitted through your mind and into the crystal as a vision. This takes the form of crystal gazing. To those who wish to develop their psychic powers and learn the art of crystal gazing, they should make a careful study of the subject in order to obtain the best results with the least amount of work.

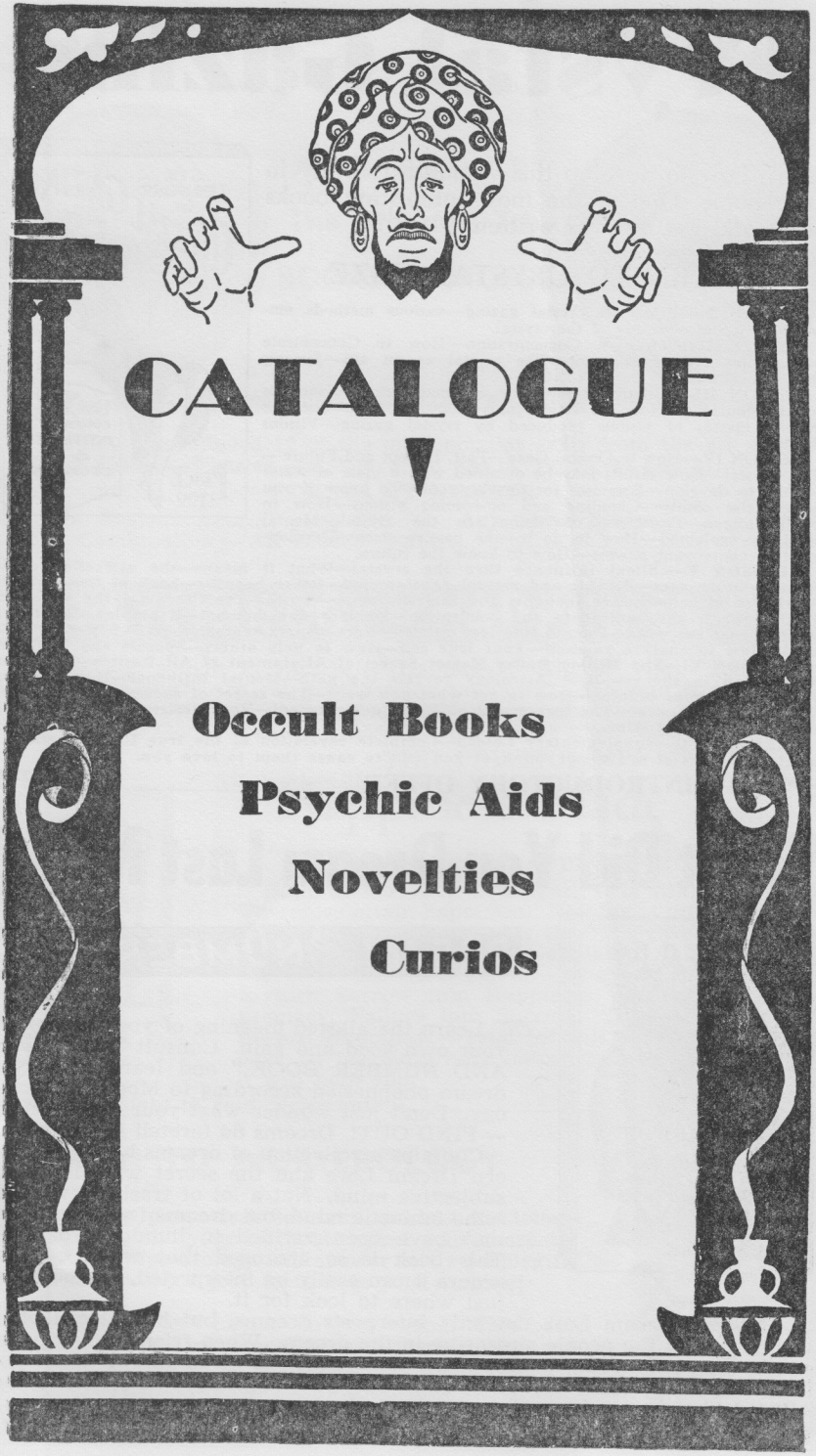
LESSON VII

Oriental Method of Charming Those Who You Meet and Love

The following is the true Hindu method of causing persons at a distance to think of you and to cause them to love you. This method has been practiced and demonstrated for thousands of years among the Hindus, and is now revealed to the Western World. The translation is as follows:

When you desire to make anyone love you, with whom you meet, although not personally acquainted with him, you can very readily reach him and make his acquaintance, if you observe the following directions: Suppose you see him coming toward you in an unoccupied mood, or is recklessly, or passibly walking past you, all that remains for you to do at that is to concentrate your thought and send it into him, and to your astonishment if he was passive, he will look at you, and now is your time to send a thrill to his heart, by looking at him casually, thought determinately, into his eyes, and praying with all your heart, mind, soul and strength that he may read your thought, and receive your true Love, which God designs we should bear one another. With this accomplished, you need not and must not wait for a cold-hearted and fashionable Christian introduction; neither should you hastily run into his arms. Continue operating this psychological manner, and not losing the value of a flirtation or the opportunity to meet him in a convenient place, when an unembarrassed exchange of words will open the door, to the one so magnetized. At this meeting, unless prudence sanction it, do not shake hands, but let your manner and eyes speak with Christian charity and ease. At your next meeting, wherever it may be, at the first opportunity grasp his hand, in an earnest, sincere and affectionate manner, observing at the same time the following instructions: As you take his bare hand in yours, press your thumb gently, though firmly, between the bones of the thumb and forefinger of his hand, and at the same instant when pressing upon the blood-vessels, (which you can before ascertain to pulsate), look at him earnestly and lovingly, though not pertly nor fiercely, into his eyes, and send all your heart's, mind's and soul's strength into his body, and he will be your friend, and if you find him not to be congenial, you have him in your power and by carefully guarding against evil influences, you can reform him to suit your own purified Christian and loving taste.

The above instructions apply to men and women alike, and with people of opposite poles the method will operate more readily and more successfully.



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LESSON III—Visualization—Value of Imagination—Examples for development—How the crystal aids—Explanation of the five general classes of visions produced by crystal gazing—Visions defined.

LESSON IV—How to Crystal Gaze—Past, Present and Future—The Crystal—How results may be obtained with a glass of water—How to develop—Exercises for development—To know if you possess the ability—Clouding and on-coming visions—How to avoid fatigue—Projection of visions in the crystal—Mental telepathy explained—How to do it—the passive state—Development of clairvoyant powers—How to know the future.

LESSON V — Silent influence thru the crystal—What it means—the attraction of the crystal—Other uses—Psychic and mental development—Other benefits—Lack of Concentration—Creation of constructive thoughts and their influence—Faith—The Creed for the attainment of all desires—Self-confidence and inspiration—Memory development—Examples—Relation to the subconscious mind—How to find lost articles—Nervousness overcome—Will power strengthened—How to analyze yourself—Your true self—How to help others—Success and happiness.

LESSON VI—The Million Dollar Master Secret of Attainment of All Desires—Desire and its relation to success—How Astrology reveals the path—Mental Influence—How to cause others to do your bidding—How to get what you want—The secret of success revealed—How to attain your desires—The true secret of Man's achievement—Your desires realized thru the crystal—The Great Mind.

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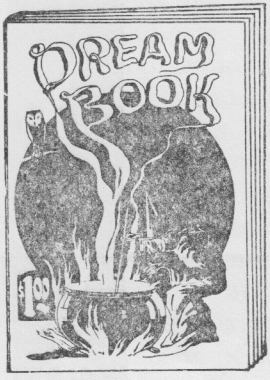

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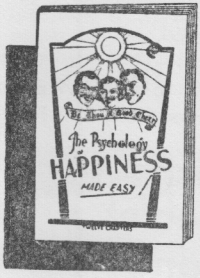

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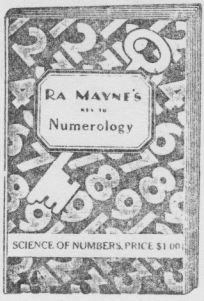

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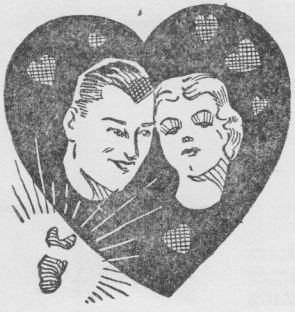

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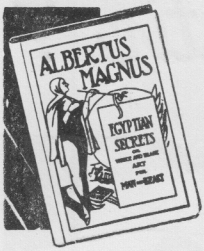

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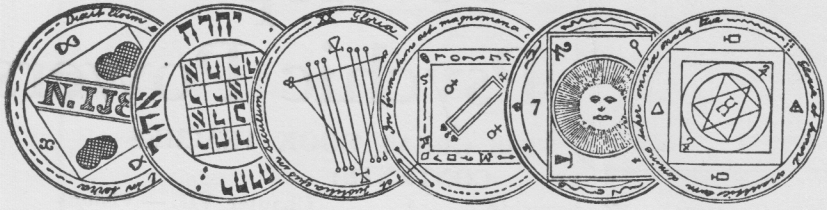

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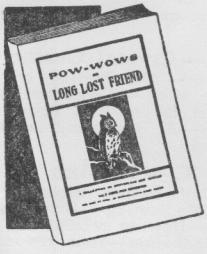

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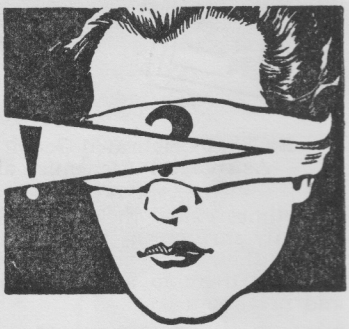

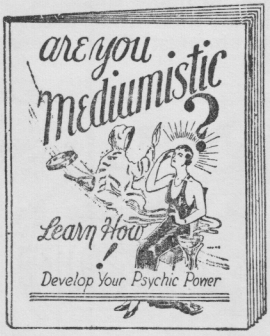

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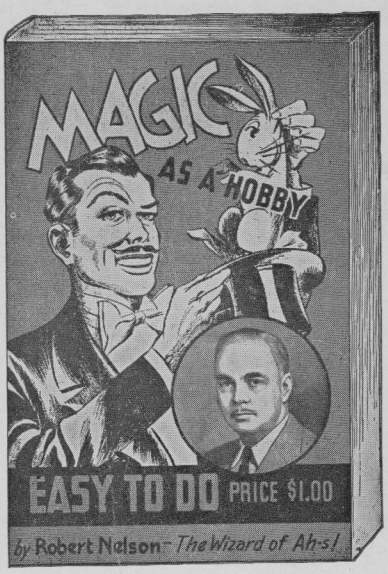

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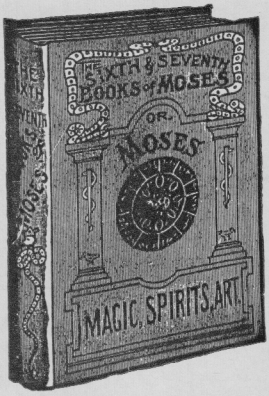

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